

# Burway Small Boats Head of the River

Saturday 1<sup>st</sup> December 2018

A 3000m upstream race held under British Rowing Rules of Racing in 3 divisions starting at 9.30, 12.00 and 14.00

## Instructions to Coaches and Competitors

**Club Captains, coaches and rowing masters must read these instructions carefully and ensure all their competitors are aware of, understand and comply with them at all times. These instructions should be read in conjunction with the course plan and circulation pattern maps.**

**Burway Small Boats Head is a challenging course. Please only enter crews who are competent to steer the course and who can cope if there are strong stream conditions which will affect marshalling and at the finish.**

It is most important that all crews are competent in turning in a fast running stream

The event is held under the British Rowing Rules of Racing and in accordance with Row Safe: A Guide to Good Practice in Rowing. All competing clubs are expected to know and abide by these rules and exercise their duty of care to themselves and others, on and off the water, at all times.

### PARKING

Two car parks are available along the river on Thameside, one just upstream of Burway RC for **trailers & towing vehicle only** and the other about 1km downstream of Burway RC at Laleham Park. At Laleham Park we have half of the car park reserved for **trailers and towing vehicle only**. For the remaining half of the car park the usual **pay and display** system will be in operation. The charge at Laleham Park is **£5.00 for 4+ hours**. A third car park is available behind the club house on Abbey Drive which is also pay and display: **£1.50 all day**.

Absolutely no parking is permitted along Thameside or at Burway RC. Great care should be taken when crossing the road and stepping over the barriers along the road, especially when carrying boats. All crews should have a competent person to guide them across the road.

### ENTRIES

Competitors may enter any or all divisions, but may not double within a division. Entries will be automatically moved to a higher status event if insufficient entries are received, unless it is clearly indicated on BROE to the contrary. Masters' categories will be combined if insufficient entries are received and these will be indicated on the draw. A handicap will be applied in accordance with Masters Handicap Data given in the Umpires' Handbook. Masters novice will not be handicapped.

### REGISTRATION

Registration will be based at Burway RC. Numbers will be issued from 08:00.

You will be given:

1) Two large numbers to pin to the back of bow's outer top and racing top, FOUR safety pins will be provided for each and must be used.

2) A plastic Empacher (bow) slot number. These numbers must be returned to Burway RC after racing. Failure to return will result in your club being charged £10.

Numbers will NOT be issued for any unpaid entries.



## ACCIDENT & EMERGENCY PROCEDURES

- All parts of the course are under observation by at least one Race Monitor or Marshal. An Official seeing an incident must deal with it as their first priority and inform the Chief Umpire by radio stating the nature of the incident and the assistance required.
- The safety of the competitor(s) is the main concern until such time as the reporting Marshal/ Race Monitor is satisfied that no one is in danger.
- In the event of a capsize competitors should be instructed to stay with their boat, and await assistance from Safety. It should be considered whether further assistance, including medical, should be summoned.
- Ambulance access is possible for casualties brought ashore at Burway Rowing Club and various other points along Thameside.

## COMMUNICATIONS

- Radios will be supplied to all Race Monitors, Marshals, Safety Launches & the Ambulance crew.

## THE RACE

### NAVIGATION

- All crews must be clear of the racing course 10 minutes prior to the start of racing in each division as shown on the circulation pattern maps.
- All boats are to be marshalled with bows upstream.
- Racing is upstream on the Surrey side of the river. At the instruction from a Marshal, crews are to turn into the stream and paddle down to the start.
- Crews returning after racing must travel on the right-hand side (closest to the racing course) of the navigation channel on the Middlesex side of the river.
- **Passing through the Narrows (marked “Harris Boatyard” on course map). Extreme caution. All crews must be made aware that this channel is restricted by moored boats, possibly on both sides, and that it is a two-way channel. Marshals may instruct racing crews to proceed in single file through this area. Please make your crews aware of this and that they must comply.**

### MARKER BUOYS

- The course is on the Surrey side of the river and all racing crews must keep to the Surrey side at all times.
- Racing crews must keep to the Surrey side of the **TWO RED BUOYS** at the Sailing Club and Ferry bends.
- Any crew crossing into the navigation channel will be liable to a penalty or disqualification.

### OVERTAKING

- Crews being overtaken must move out of the racing line if safe to do so. Impeding an overtaking boat will incur a time penalty. Overtaking crews must not impede a crew who has given way by unnecessarily demanding more water.
- Coaching and any steering advice from the bank must not be given by megaphone.

## FINISH

- The finish is at the concrete steps on the Middlesex bank. Crews must not stop but continue rowing clear of the finish area and turn only when instructed by a marshal. Crews may be penalized if they turn before instructed.
- Crews must then return in single file downstream in the navigation channel on the Middlesex side of the river, aware of any other river users.
- Any returning crew interfering with a racing crew on the course will be penalized.

## DISPUTES

Any objections or disputes must be lodged with the Chief Umpire within 15 minutes of the end of the division. In any dispute, the Race Committee's decision is final.

## MARSHALING

- All crews will marshal along the Middlesex bank in numerical order, lowest numbers nearest the start. Signs along the bank will indicate marshalling positions. All crews must be in position 10 minutes before the start of the division. Crews arriving late will start at the end of the division.
- On the instructions of the marshals, crews will turn, row downstream to the start area buoy in the middle of the river, where they will turn and proceed to the start (see diagram). No crew may go downstream beyond the M3 bridge. Crews will be started at 10-15 second intervals, with timing commencing approximately 50m upstream of the instruction 'CREW xxx ROW'

## SAFETY

- Three safety boats will be on the water as indicated on the course plan. First Aid will be available from St John Ambulance based at Burway Rowing Club.
- In the event of an incident on water, the nearest marshal/race monitor will take charge and prioritize safety, summoning the nearest safety boat and informing Race Control. Other racing crews will be alerted if they need to take any action to avoid the incident, which may include stopping. Casualties will be landed at Burway RC landing stage where first aid is available.

## REFRESHMENTS

Food and refreshments will be available throughout the day at Burway RC. The bar in the clubhouse will be open from 12pm.

## RESULTS & PRIZES

They will be posted and prizes awarded as soon as possible after racing at Burway RC. Full results will be available online at [www.burwayrowingclub.co.uk](http://www.burwayrowingclub.co.uk)

### Key Race Officials:

Chief Umpire: Gary Painter	07753 569070
Chief Marshal: Ruth Pollard	07879 847648
Safety: /Graeme Ross	07933177175
Welfare: Sarah Thompson	07882 156166