

## **BURWAY SPRINT REGATTA 2016**

### **SAFETY PLAN**

Burway Regatta is run in accordance with British Rowing rules of Racing and complies with the Rowsafe: a Guide to Good Practice in Rowing. The priority of officials at all times is safety.

These safety instructions should be read in conjunction with the document "Instructions to Competitors" and with the regatta course map.

The event is subject to alteration if weather or stream conditions deteriorate. The race committee will assess conditions on the day and decide the appropriate course of action, i.e.

- a) To run the event in full
- b) To cancel specific categories
- c) To cancel the event

This decision will be made as early as possible and clubs will be informed.

#### **General safety instructions**

1. Competitors take part at their own risk. In the event of a collision each club is responsible for its own damage. Crews must check that their equipment is safe and complies with the British Rowing Water Safety Code (rule 2-3-8) regarding bow balls, heel restraints etc. Coxes must wear a life-jacket and know how to use it correctly.
2. It is the responsibility of club captains to ensure that their crews have read and understood the rules of the regatta, its circulation patterns and safety procedures, and that they obey the instructions of all umpires and race officials. Crews who fail to do so may receive an official warning or be disqualified.
3. It is the responsibility of club captains to ensure that their competitors are sufficiently competent to take part in the regatta without endangering their own safety or that of other competitors, officials or spectators.
4. Club captains must ensure that their junior competitors are supervised at all times throughout the regatta.
5. It is advisable for competitors to notify the regatta committee of any medical condition (e.g. asthma, epilepsy) that might be of significance in the event of an emergency.

#### **Access, trailers and car parking**

**Thameside must be kept clear at all times for emergency vehicle access.**

Parking is available for trailers (and 1 vehicle) only in the public car park next to Burway RC. Car parking is available at Laleham and in the public car park in Laleham Park.

#### **Boating and landing**

Crews must boat from the shallows just upstream of the clubhouse and return to the Burway RC landing stage. Marshals are in attendance to direct outgoing and incoming crews and to keep boat traffic moving.

#### **Navigation**

1. The course is on the Surrey side of the river and is marked by a line of buoys. Crews may practice on the day of the regatta but must leave the course at least fifteen minutes before the start or racing. Regatta navigation rules apply only on the day of the event.
2. The navigation channel is on the Middlesex side of the river. All Crews should take extreme care when boating as they will be joining the navigation channel. The river is open to non-regatta traffic, so all crews must keep to the starboard (Middlesex) side of the navigation channel. Extra care should be taken when passing through the narrows at Laleham Wharf and crews must not stop here.

3. Crews must not paddle firm or practice starts in the navigation channel. Any crews which disobey this rule risk disqualification. There is plenty of space above the start area for warming up; crews should return to the start area five minutes before their scheduled race time and await further instructions from the start marshals. There are no marshals or safety cover upstream of the start.
4. Crews will be called to the start by the start marshal; all crews should be on the race/Surrey side of the river until they are called.
5. Crews winding down after racing must not paddle beyond the M3 motorway bridge, and should take care when re-joining the navigation channel to return to the Burway RC landing stage.
6. The yellow "REGATTA – ALL OTHER VESSELS ←" signs mark the limits of the regatta area and its safety cover. Crews paddling beyond these limits should be aware that normal navigation rules apply, and that they are no longer under the supervision of regatta officials or safety boats.

#### Safety boats and first aid (please see course map)

- There are two safety boats, positioned at the start and the finish of the course.
- There is an ambulance posted in the Burway RC car park.
- At least one member of each safety crew will be a qualified first-aider.

#### Emergency Procedures

##### Responsibilities

- An Umpire or any other regatta official seeing an incident must deal with it as his/her first priority. The Safety Adviser at Race Control must be informed via radio. All parts of the course are under observation by at least one Umpire or official all of whom have radio communication. The nature of the incident and the assistance required must be stated.
- There will be two rescue boats, namely, Rescue Start and Rescue Finish.

#### Emergency Action Plan

- Crews of a Rescue Launch attending an incident are suitably qualified to assess the severity of any injuries to any casualty. In the event of a serious incident resulting in personal injury requiring expert medical attention, the crews are authorised to make contact directly with the emergency services to summon an ambulance. They should inform the Safety Adviser by radio of any actions taken. Casualties can be brought ashore with ambulance access at the Burway RC landing stage.
- If resuscitation is immediately required at the time of rescue, the affected person will be transferred to a safe position on the river bank where CPR will be administered by the trained personnel in the launch and the emergency services called by dialling '999' on a landline or '112' on a mobile telephone.
- Each incident should normally be attended by only one safety launch unless the Chief Umpire directs otherwise, in which case racing would be suspended. A rescue launch attending an incident must be aware of the effect excessive wash can have on other crews, notably young scullers.
- The Chief Umpire, on being informed of any incident, will advise all Umpires if measures to be taken necessitate the suspension of racing until the incident is resolved. The Chief Umpire will decide when racing may recommence. In the event of a serious incident on land, assistance should be sought by contacting a Race Official or directly to the St John Ambulance team located at Burway RC.

#### Communications

All umpires, marshals and safety crews will be issued with radios and loud hailers. Copies of safety procedures will be circulated before the day of the regatta, and all regatta personnel will be briefed on emergency procedures before racing begins.

## Abandonment

In the event that the regatta has to be cancelled, all crews should obey the instructions of officials and leave the river as soon as possible.

## Telephones

There are telephones at in the Burway RC clubhouse

- a) downstairs at the foot of the stairwell (incoming and emergency only)
- b) upstairs behind the club bar (all calls)

Contact numbers – also to be posted at each club telephone

**In the event of a serious emergency, dial 999.**

A&E St Peter's Hospital	Adults 01932 722321	Paeds 01932 723624
SURREY POLICE (Staines)	0845 1252222	
Chief Umpire:	Paul Crooke 07977 419422	
Welfare Officer:	Sarah Thompstone 07882 156166	
Safety Adviser:	Anne Musgrave 07771 825755	