

## Competitor Instructions for Marshalling Before Course Closure and at the Start and Finish

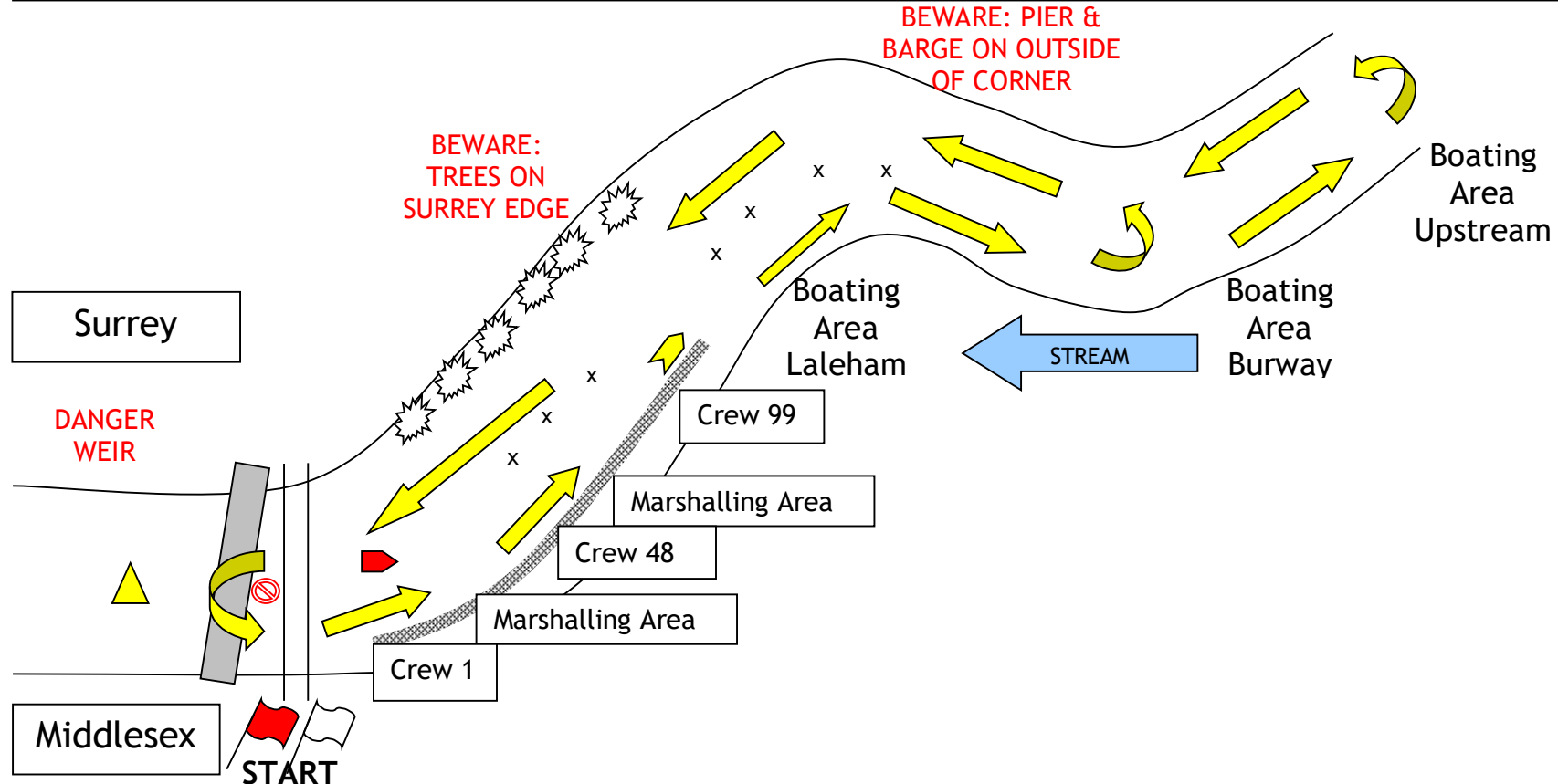
### In the lead up to the Race:

Racing boats will observe normal river navigation; that is: paddle off up stream and turn onto the course, (Surrey bank), paddle down to the start and then turn into the marshalling area (Middlesex bank) and line up in crew order with bows up stream.

The Course will be closed ten minutes before the start of each division. Crews will be given a boating time and must be in their correct marshalling position ten minutes before race time.

**Practice starts & high-speed rowing are not permitted in the marshalling areas  
The consequences of doing so will lead to disqualification**

N.B. Pleasure craft will be directed into the navigation channel, which is the Middlesex side / half of the river



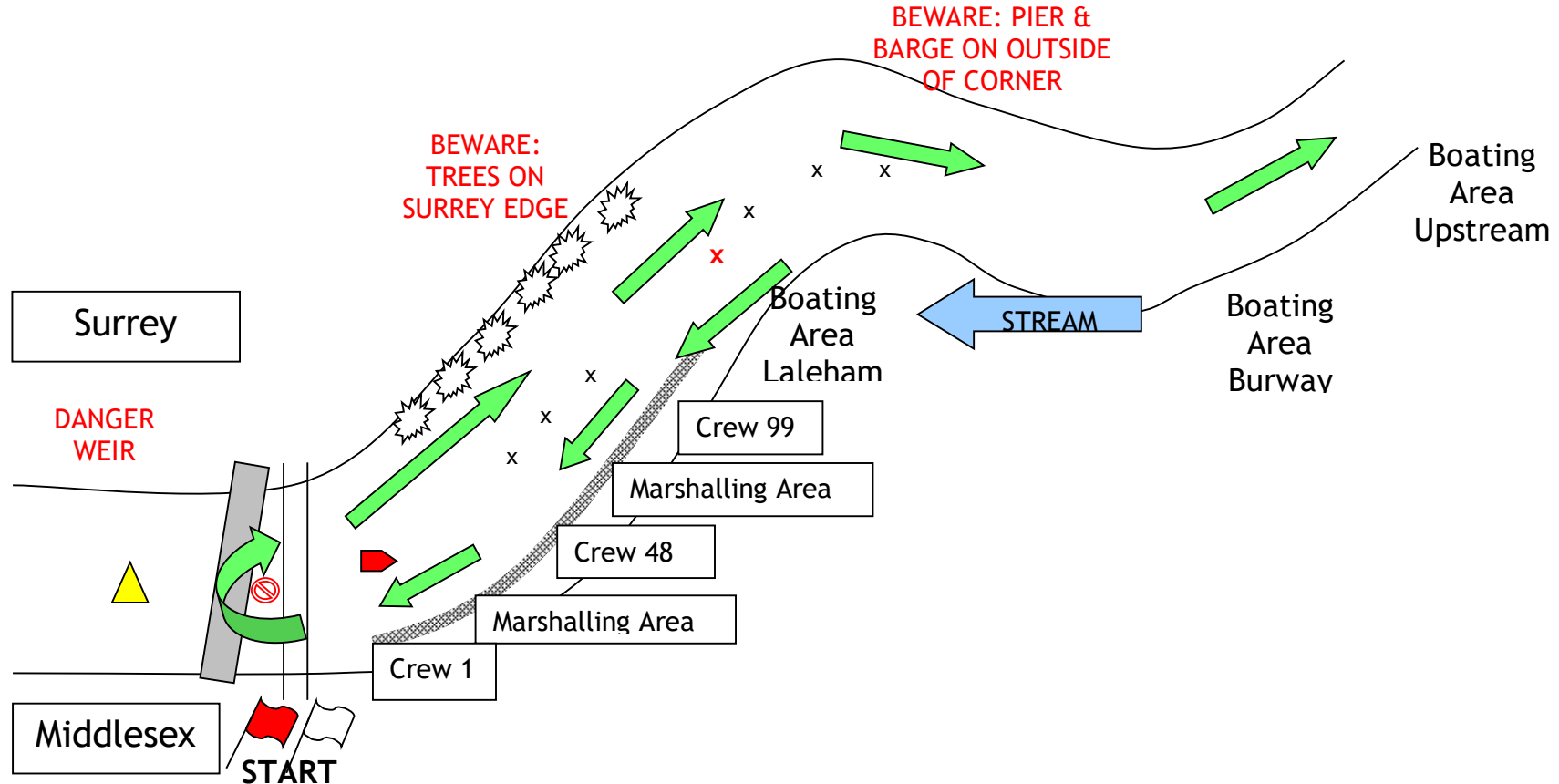
## The Start

The Course will be closed ten minutes before the start of each division.

### The Start

On the instruction of the Start Marshal, crews will then spin round, paddle down stream and turn around the marker buoy below the start and then proceed to the start. Timing will start a few strokes after the Marshall shouts "Crew No##, GO!"

N.B. Pleasure craft will be directed into the navigation channel, which is the Middlesex side / half of the river



## Marshalling after the finish

Crews must not stop at the finish but continue paddling beyond the finish and turn ONLY when instructed to do so by the Marshal.

Crews returning down stream will need to keep to the navigation channel on the Middlesex side of the river. In the event of congestion, crews may be asked to wait beyond the finish and at points along the return channel. Any crews turning early or ignoring requests from Marshals to wait are likely to receive a time penalty

