



### BOATING TIMES

- Please adhere to these times to help racing start on time. Late crews will not be allowed to race. Crews boating early may warm up using normal navigation rules: row downstream on Surrey, upstream on Middlesex (towpath side).
- Boating times will be posted on the BRC website and will be available on the day at Registration.
- Boats must be launched with bows upstream and proceed a short distance clear of the boating area before turning and heading downstream to the marshaling area on the Middlesex bank of the river.

### SAFETY

- It is the absolute responsibility of competitors and coaches to ensure that their boat meets the standards laid down in BR Rules of Racing and Row Safe. Random checks will be carried out throughout the day.
- Competitors and coaches are responsible for undertaking their own Risk Assessment, ensuring that all competitors are competent, healthy and suitably clothed to race in the conditions on the day, irrespective of the organizer's decision to hold all or some of the events. Junior crews must be under adult supervision at all times.
- Any pre-existing medical conditions, that may require attention during the race must be reported to the organizers before racing.
- If boating from the beaches, please wear suitable footwear before wading into the water. Crews must follow instructions given by Race Monitors, Marshals and Environment Agency officials at all times. Failure to do so may result in disqualification.
- Consideration of other river users must be exercised at all times.
- In the event of an incident, Race Monitors and Marshals will advise crews what to do.

### WEATHER

- In the event of inclement weather, coaches must decide if their crews are competent to handle the conditions.
- Crews must wear sufficient and suitable clothing for the prevailing conditions. No crew will be permitted to boat if it is deemed to have inadequate clothing for the conditions.
- In the event of a major incident or deterioration in the weather, race officials will instruct crews what to do.
- In the case of lightning all competitors will be instructed to get off of the water as quickly as possible.

### SAFETY LAUNCHES

Maps of the course on the Burway web site detail the circulation patterns, navigational requirements and positions of Water Marshals, Race Monitors, Safety Launches and First Aid. All crews must read and be aware of their contents.

### ACCIDENT & EMERGENCY PROCEDURES

- All parts of the course are under observation by at least one Race Monitor or Marshal. An Official seeing an incident must deal with it as their first priority and inform the Chief Umpire by radio stating the nature of the incident and the assistance required.
- The safety of the competitor(s) is the main concern until such time as the reporting Marshal/ Race Monitor is satisfied that no one is in danger.
- In the event of a capsized competitor(s) should be instructed to stay with their boat, and await assistance from Safety. It should be considered whether further assistance, including medical, should be summoned.
- Ambulance access is possible for casualties brought ashore at Burway Rowing Club and various other points along Thameside.

### COMMUNICATIONS

- Radios will be supplied to all Race Monitors, Marshals, Safety Launches and the Ambulance crew.

## THE RACE

### NAVIGATION

- All crews must be clear of the racing course 10 minutes prior to the start of racing in each division as shown on the circulation pattern maps.
- All boats are to be marshaled with bows upstream.
- Racing is upstream on the Surrey side of the river. At the instruction from a Marshal, crews are to turn into the stream and paddle down to the start.
- Crews returning after racing must travel on the right hand side (closest to the racing course) of the navigation channel on the Middlesex side of the river.
- **Passing through the Narrows (marked "Harris Boatyard" on course map). Extreme caution. All crews must be made aware that this channel is restricted by moored boats, possibly on both sides, and that it is a two-way channel. Marshals may instruct racing crews to proceed in single file through this area. Please make your crews aware of this and that they must comply.**

### MARKER BUOYS

- The course is on the Surrey side of the river and all racing crews must keep to the Surrey side at all times.
- Racing crews must keep to the Surrey side of the **TWO RED BUOYS** at the Sailing Club and Ferry bends. - Any crew crossing into the navigation channel will be liable to a penalty or disqualification.

### OVERTAKING

- Crews being overtaken must move out of the racing line if safe to do so. Impeding an overtaking boat will incur a time penalty. Overtaking crews must not impede a crew who has given way by unnecessarily demanding more water.
- Coaching and any steering advice from the bank must not be given by megaphone.

### FINISH

- The finish is at the concrete steps on the Middlesex bank. Crews must not stop but continue rowing clear of the finish area and turn only when instructed by a marshal. Crews may be penalized if they turn before instructed.
- Crews must then return in single file downstream in the navigation channel on the Middlesex side of the river, aware of any other river users.
- Any returning crew interfering with a racing crew on the course will be penalized.

### DISPUTES

Any objections or disputes must be lodged with the Chief Umpire within 15 minutes of the end of the division. In any dispute, the Race Committee's decision is final.

### MARSHALING

- All crews will marshal along the Middlesex bank in numerical order, lowest numbers nearest the start. Signs along the bank will indicate marshaling positions. All crews must be in position 10 minutes before the start of the division. Crews arriving late will start at the end of the division.
- On the instructions of the marshals, crews will turn, row downstream to the start area buoy in the middle of the river, where they will turn and proceed to the start (see diagram). No crew may go downstream beyond the M3 bridge. Crews will be started at 10-15 second intervals, with timing commencing approximately 50m upstream of the instruction 'CREW XXX ROW'.

### SAFETY

- Three safety boats will be on the water as indicated on the course plan. First Aid will be available from St John Ambulance based at Burway Rowing Club.
- In the event of an incident on water, the nearest marshal/race monitor will take charge and prioritize safety, summoning the nearest safety boat and informing Race Control. Other racing crews will be alerted if

they need to take action to avoid the incident, which may include stopping. Casualties will be landed at Burway RC landing stage where first aid is available.

REFRESHMENTS

Food and refreshments will be available throughout the day at Burway RC. The bar in the clubhouse will be open from 12pm.

RESULTS

They will be posted and prizes awarded as soon as possible after racing at Burway RC. Full results will be available online at [www.burwayrowingclub.co.uk](http://www.burwayrowingclub.co.uk)

Key Race Officials:

Chief Umpire: Paul Croke	07977 419422
Chief Marshal: Ruth Pollard	07879 847648
Safety: Kirk Langley	07507 753333
Welfare: Sarah Thompstone	07882 156166
Registration: Amanda Craddock	07789 632648

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