

Burway Sprint Regatta 2016

Instructions to Competitors

The primary consideration at Burway Regatta is the safety of all competitors, officials, spectators and other river users.

CLUB CAPTAINS, COACHES AND ROWING MASTERS MUST READ THESE INSTRUCTIONS (ALONGSIDE THE COURSE MAP) CAREFULLY AND ADVISE THEIR CREWS ACCORDINGLY.

Arrival and Parking

Trailers: please go to the **Thameside** Car Park, just upstream of Burway RC where you will be allocated a space. The Regatta has limited parking for **Competitors** at Laleham Park, downstream of Burway RC. Once our allocated spaces are full, it is normal Pay & Display (+4 hours is £10). **Please do not park along the river road itself as this causes massive congestion.** The small car park directly in front of Burway RC will be reserved for **emergency vehicles** and boat trailers.

Crews should be aware that the trailer park is on the opposite side of a road to the boating area and should take care when crossing the road.

Boating

ALL OUTBOUND CREWS MUST BOAT FROM THE SHALLOWS (NB WET LAUNCH, BRING WELLIES OR SUITABLE FOOTWEAR) OPPOSITE THE TRAILER PARK. ALL RETURNING CREWS WILL DISEMBARK AT THE BURWAY RC LANDING STAGE.

COACHES PLEASE NOTE! Please ensure blades are in the boating area prior to boating and when boated adjust off the rafts as quickly as possible.

Crews must boat with BOWS POINTING UPSTREAM. They should proceed to the start in the Navigation Channel only when they are sure that they will not impede other river users.

Registration

Competitors must report to the Registration tent sited opposite the trailer park at least 1 hour before their first race. **Between 08.30 and 09.15 priority will be given to competitors racing in Division 1.**

THE NOTICE OF THE REGATTA CLEARLY STATES NO DOUBLING OF PEOPLE OR BOATS WITHIN EACH DIVISION. ALL CREWS MUST BE ON THE START AT THE PUBLISHED RACE TIME. RACES WILL START ON TIME EVEN IF ONE CREW DOES NOT APPEAR.

- Crews must ensure that they are 'paired up' with their opponents prior to boating and are in the on-shore marshalling/Control Commission area approx. 30 minutes before the advertised time of their races. They must then collect an additional boat number (to place on the bows of the boat) from the Tent in the boating pen before boating. Crews will not be called and may be disqualified if they arrive late.

- Weighing Coxswains and issuing weight certificates: coxswains must keep these with them at all times and produce to any official on request. Coxswains must provide their own dead weight, if required, which must be something specific and recognisable.

- Checking BR Racing Licences. Random checks will be made as crews collect their numbers. Prizes will not be awarded to a crew that fails to provide valid Racing Licences. Such crews are liable to disqualification unless the missing information is produced to the Committee within 3 days of the Regatta.

- Equipment Check. The British Rowing Rules of Racing places a clear obligation on both Clubs and competitors to ensure their boats are safe and comply with the British Rowing Water Safety Code (rule 2-3-8). Regatta Control will conduct random checks on boats going afloat. If any deficiency is identified, the crew will be sent away from the landing stage to rectify it and that crew must accept the consequences of late arrival at the start. However, Regatta Control cannot inspect all boats or identify all faults, so permission to go afloat must not be interpreted as certification of compliance with British Rowing rules of racing.

- Medical Conditions: As the operation of a safe event is the organising committee's priority, competitors, or the responsible adult in charge of juniors, are advised to notify Regatta Control of any medical conditions that may necessitate a particular course of action in the case of an accident or emergency, e.g. asthma or epilepsy. The information will only be made known to officials on a strictly 'need to know' basis.

Navigation

- The course will be downstream on the Surrey side of the river between Laleham Wharf and Burway Rowing Club. The course will be marked by a line of buoys.
- Crews proceeding to the start must keep to the Middlesex bank and be aware of other river traffic using this channel.
- Competitors should be aware that the regatta shares the river with other users and should exercise a duty of care to such users at all times.

LOCAL RULE

Practice starts or bursts when proceeding to the start alongside the course are not permitted. Any crew which infringes this safety rule may be disqualified. There is plenty of room for warming up upstream of the course start, although crews must be aware of other river users. The river above the Start is not under observation of marshals or safety and crews row under their own responsibility.

Racing

- The Start & Finish: There will be a free start and a staggered finish to account for stream and the bend. This will be determined on the day and may be changed as conditions dictate.
- The first named crew in the racing timetable will take the Middlesex station (closer to the towpath). The launch Umpire will start crews when they are aligned.
- The Course: The course is 440m downstream between Laleham Wharf and just beyond Burway Rowing Club.
- A bell will sound as the first crew crosses the line. Dead heats will be re-rowed immediately from the original start. No delays will be permitted.
- Crews wishing to wind down after racing may paddle downstream, turning well before the road bridge.
- On returning to disembark, crews must wait to use the SWPS/BRC landing stages and must not obstruct other river traffic.

General Notice

- Every member of every crew must have read these Instructions for Competitors and must be sure that they are understood. Club Captains and Rowing Masters must ensure that parents of junior competitors are also aware of these Instructions.
- It is the responsibility of the competing club to ensure that all crews are sufficiently experienced to take part safely in the conditions.
- All crews or their coaches should carry out their own risk assessment before racing.
- All junior crews must have an experienced cox if appropriate and must have a responsible adult with them at all times while they are on the water.
- There is a tow path along the whole course and the adult must accompany the crew along the bank throughout the race and back to land.

It is the responsibility of all competing clubs to supervise their junior competitors throughout the day.

5. Accident and Emergency Procedures

Responsibilities:

Any Regatta official seeing an incident must deal with it as their first priority.

All parts of the course are under observation by at least one Umpire or Marshal all of whom have radio communication. The specific nature of the incident, crews involved, location and the assistance required must be stated clearly and accurately.

Umpires & Race Officials are able to contact Safety directly on CHANNEL 1

There will be two rescue boats, namely, Rescue Start and Rescue Finish.

Emergency Action:

Crews of a Rescue Launch attending an incident are suitably qualified to assess the severity of any injuries to any casualty. In the event of a serious incident resulting in personal injury requiring expert medical attention, the crews are authorised to make contact directly with the emergency services to summon an ambulance. They should inform the Safety Adviser by radio of any actions taken. Casualties can be brought ashore at the Burway RC landing stage where there is ambulance access.

Each incident should normally be attended by only one safety launch unless the Chief Umpire directs otherwise, in which case racing would be suspended. The Chief Umpire, on being informed of any incident, will advise all Umpires if measures to be taken necessitate the suspension of racing until the incident is resolved. The Chief Umpire will decide when racing may recommence.

In the event of a serious incident on land, assistance should be sought by contacting a Race Official or directly to the St John Ambulance team located in the Burway RC car park.

Telephones:

The nearest landline telephones from which emergency '999' calls can be made are located at:

Burway Rowing Club	01784 454860
Chertsey Hospital	01784 884488

First Aid:

A staffed First Aid vehicle will be based in the Burway RC car park.

Abandonment:

In the event that this is necessary all crews must obey the instructions of all officials and disembark as soon as possible

General Information

Coaches and supporters who wish to follow races by bicycle should use the road which runs along the side of the course, being aware of other road users at all times.

Changing facilities and toilets will be available at Burway Rowing Club.

Prize Giving: Prizes will be awarded after each Final in Race Registration.

Refreshments Food and hot and cold drinks will be available at Burway Rowing Club all day

Child Protection:

The Regatta committee takes child welfare very seriously and complies with all current British Rowing practices. All concerns should be raised with the Regatta Welfare Officers, details of which are posted at Race Control, Regatta Control and in Burway Rowing Club.

WE WISH YOU AN ENJOYABLE DAY'S RACING.

Burway Regatta July 2016